



**MAUI
REGENERATIVE
MEDICINE**

2310 Umi Place Haiku Hawaii 96708

Office: 808-575-2328

www.mauiregenerativemedicine.com

Patient History Information

| | |
|---|--|
| Name | Date |
| Address | State/Zipcode |
| Phone Home | Cell |
| | SSN# |
| Age | Date of Birth |
| | Sex |
| | M |
| | F |
| Occupation | Employer |
| Marital Status: S M W D | No. of Children: |
| | Spouse Name |
| Emergency Contact Name and Phone | |
| Email | |
| How did you find out about our office? | |
| How do you prefer we contact you: | |
| What is the reason for this visit? | |
| | |
| | |
| Is this condition due to: | Auto accident Work Injury Other accident Illness Other |
| Are symptoms: | Improving Getting worse About the same Intermittent |
| Date symptoms appeared: | Have you ever had these symptoms before? Yes No |
| Have you seen any of the following doctors for this? | MD Naturopathic Dr |
| Chiropractor Acupuncturist | Other: |
| Therapy Received: | Dates treated: |
| Diagnosis: | |
| Reason for termination of treatment: | |
| Medications Prescribed: | |
| Doctors Name: | |
| I understand that a 24 hour advance notification is required for scheduling or cancelling of appointments to avoid a charge. I understand and agree that all services rendered me are charged directly to me and that I am responsible for payment. In the event of default I promise to pay legal interest on the indebtedness together with such collection costs and reasonable attorney fees as may be required to effect collection. | |
| Patients Signature: | Date |

Please apply check to boxes below: C =currently P =previously N= never

GENERAL SYMPTOMS

C P N

| | | | |
|--|--|--|----------------|
| | | | HEADACHE |
| | | | FEVER |
| | | | CHILLS |
| | | | NIGHT SWEATS |
| | | | DIZZINESS |
| | | | CONVULSIONS |
| | | | LOSS OF SLEEP |
| | | | FATIGUE |
| | | | NERVOUSNESS |
| | | | Loss of Weight |
| | | | Numbness |

in extremities

| | | | |
|--|--|--|----------|
| | | | Wheezing |
|--|--|--|----------|

MUSCLE & JOINTS

| | | | |
|--|--|--|------------------|
| | | | Weakness |
| | | | Twitching |
| | | | Stiff Neck |
| | | | Bachache |
| | | | Swollen joints |
| | | | Tremors |
| | | | Painful Tailbone |
| | | | Foot trouble |
| | | | Hernia |

Pain in btnw

| | | | |
|--|--|--|-----------|
| | | | Shoulders |
|--|--|--|-----------|

Spinal

| | | | |
|--|--|--|-----------|
| | | | Curvature |
|--|--|--|-----------|

SKIN/ALLERGIES

| | | | |
|--|--|--|----------------|
| | | | Skin eruptions |
| | | | Itching |
| | | | Brusing Easily |
| | | | Dryness |
| | | | Boils |
| | | | Sensitive skin |
| | | | Hives |
| | | | Eczema |
| | | | Psoriasis |

Have you had any of the following:

| | |
|--|-----------------|
| | Appendicitis |
| | Pneumonia |
| | Rheumatic Fever |
| | Polio |
| | Tuberculosis |
| | Whooping Cough |
| | Anemia |
| | Measles |
| | Mumps |

HABITS

C P N

| | | | |
|--|--|--|---------------------|
| | | | Smoking |
| | | | Alcohol |
| | | | Coffee |
| | | | RESPIRATORY |
| | | | Chronic Cough |
| | | | Spitting Blood |
| | | | Spitting Phlegm |
| | | | Chest Pain |
| | | | Difficult breathing |

GASTRO-INTESTINAL

| | | | |
|--|--|--|----------------------|
| | | | Poor Appetite |
| | | | Poor Digestion |
| | | | Excessive Hunger |
| | | | Belching/Gas |
| | | | Nausea |
| | | | Vomiting |
| | | | Vomiting blood |
| | | | Pain over stomach |
| | | | Constipation |
| | | | Diarrhea |
| | | | Colon trouble |
| | | | Hemorrhoid |
| | | | Liver toruble |
| | | | Jaundice |
| | | | Gall bladder trouble |

CARDIO-VASCULAR

| | | | |
|--|--|--|---------------------|
| | | | Rapid heart |
| | | | Slow heart |
| | | | High Blood pressure |
| | | | Low Blood pressure |
| | | | Pace Maker |
| | | | Pain over heart |
| | | | Prev. Heart trouble |
| | | | Swelling ankles |
| | | | Poor circulation |
| | | | Varicose veins |
| | | | Strokes |

EYE-EAR-NOSE-THROAT

C P N

| | | | |
|--|--|--|-------------------|
| | | | Poor vision |
| | | | Crossed eyes |
| | | | Pain in eyes |
| | | | Deafness |
| | | | Earache |
| | | | Ear Noises |
| | | | Ear Discharge |
| | | | Nasal Obstruction |
| | | | Nose Bleeds |
| | | | Sore throat |
| | | | Hoarseness |
| | | | Hay Fever |
| | | | Asthma |
| | | | Frequent colds |
| | | | Enlarged thyroid |
| | | | Tonsillitis |
| | | | Sinus trouble |

GENITO-URINARY

| | | | |
|--|--|--|-------------------|
| | | | Freq. urination |
| | | | Painful urination |
| | | | Blood in urine |
| | | | Kidney Infection |
| | | | Bedwetting |
| | | | Incontinence |
| | | | Prostrate trouble |

WOMEN ONLY

| | | | |
|--|--|--|-----------------------|
| | | | Painful periods |
| | | | Excessive flow |
| | | | Irregular cycles |
| | | | Hot Flashes |
| | | | Cramps or Backaches |
| | | | Miscarriage |
| | | | Vaginal Discharge |
| | | | Pregnant at this time |
| | | | Abnormal Pap |

| | |
|--|-----------------|
| | Arthritis |
| | Epilepsy |
| | Mental Disorder |
| | Lumbago |
| | Eczema |

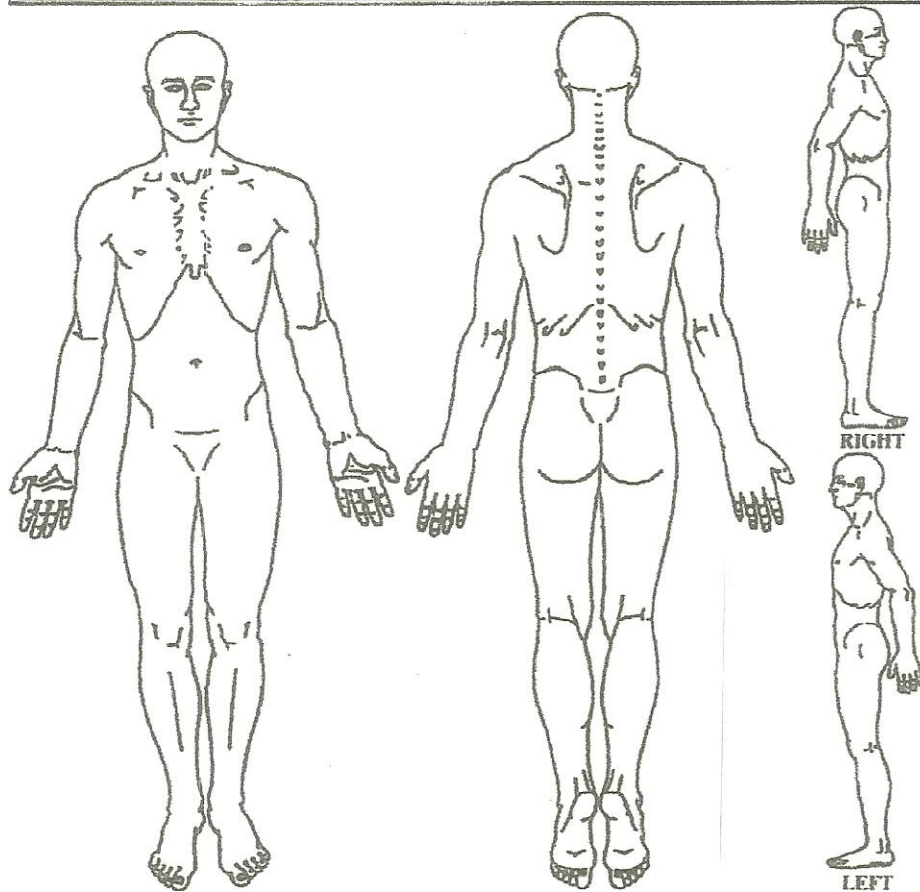
Family History/List Member:

| |
|----------|
| Diabetes |
| Heart |
| Kidney |
| Cancer |

NAME (Please Print): _____ DATE: _____

USE THE LETTERS BELOW TO INDICATE THE TYPE
AND LOCATION OF YOUR SENSATIONS RIGHT NOW

KEY: S=STIFFNESS B=BURNING N=NUMBNESS
 P=SHARP PAIN T=TINGLING D=DULL PAIN



IMPORTANT

TO THE PATIENT: Please list below the five or more main complaints you have in the order of importance. Also the length of time you have had this complaint.

1. _____ How Long? _____
2. _____ How Long? _____
3. _____ How Long? _____
4. _____ How Long? _____
5. _____ How Long? _____

List other Doctors seen for this condition, their diagnosis and treatment _____

What activities aggravate your condition? _____

Is this condition getting progressively worse? ☐ Yes ☐ No ☐ Constant ☐ Comes and Goes

Is the condition interfering with your: ☐ Work ☐ Sleep ☐ Daily ☐ Routine ☐ Other _____

How long has it been since you really felt good? _____

What do you believe is wrong with you? _____

List Surgical operations and years: _____

Any recent injuries, falls, or accidents? _____

Drugs you now take: ☐ Nerve Pills ☐ Pain Killers ☐ Muscle Relaxers ☐ "Pop" Pills ☐ Tranquilizers ☐ Birth Control Pills

☐ Others _____

Are you wearing: ☐ Heel Lifts ☐ Sole Lifts ☐ Inner Soles ☐ Arch Supports

Have you been in an auto accident: ☐ Past Year ☐ Past Five Years ☐ Over Five Years ☐ Never

Describe: _____

In case of emergency, please provide two names and phone numbers of either nearest relatives or friends _____

| HAVE YOU EVER: | YES | NO | DESCRIBE BRIEFLY | |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| Been knocked unconscious? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| Used a cane, crutch, or other support? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| Been treated for a spine or nerve disorder? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| Had a fractured bone? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| Been hospitalized for other than surgery? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| DO YOU: | | | | |
| Take vitamins or minerals? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| Have an allergy to any drug? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | |
| DATE OF LAST: | Less than 6 mos. | 6-18 mos. | Over 18 mos. | Never |
| Spinal examination: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Physical examination: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Blood test: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Chest X-ray: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Spinal X-ray: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Dental X-ray: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Urine Test: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please indicate if your condition is a result of: ☐ Illness ☐ On-the-Job Injury ☐ Auto Accident ☐ Home Injury ☐ Other

Please check the type of care desired so that we may be guided by your wishes when possible:

☐ Temporary Relief ☐ Control of Immediate Pain ☐ Total Health Care

☐ I prefer the doctor select the type of care he feels is best for me.

"I understand and agree that the above information is correct as stated."

Today's Date _____ Patient's Signature _____

Regenerative Injection Therapy (RIT) Instructions **Prolotherapy, PRP, and Stem Cell**

Regenerative injection therapy offers tendons, ligaments, and cartilage the opportunity to repair and regenerate themselves. RIT is a non-surgical alternative recommended when loss of ligament integrity has caused the adjoining structures to be unstable. We advise that you read about RIT on our website www.mauiregenerativemedicine.com.

Below are important facts and Instructions about your RIT procedure. By signing below you indicate that you have read and understand the following information.

Pre- Treatment:

1. Do not eat a fatty meal before your treatment, but make sure you have something in your stomach.
2. Do not take any opiate pain medications 10 days before treatment.
3. If this is your first RIT treatment we ask that you bring a driver.

Post- Treatment

1. After injection you may have increased or worsening pain for a few days. This will subside. This is a normal response due to the nature of treatment.
2. You may have soreness at the injection site. This will subside.
3. For pain, you may take tylenol, AR Encap, Inflamyr, Phytoprofen, or as directed by Dr. Davison. **DO NOT** take any NSAIDs ie Advil, Ibuprofen, Aspirin, Alleve, Naproxen
3. Do not apply ice packs to treated area.
4. Do not submerge yourself in the ocean or a hot tub for 36 hours to prevent infection and more inflammation.
5. Rest the area treated. For the first 1-3 days after treatment walking and gentle range of motion is encouraged. When you feel ready and unsore, engage in general range of motion exercises-- increase *as tolerated*. If it hurts-- stop the activity.

Neck: Stationary bike or elliptical, Walking, Swimming, Integrated Qi Gong

Shoulder: Elliptical, Integrated Qi Gong

Back: Stationary bike or elliptical, Walking, Swimming, Integrated Qi Gong

Hips: Stationary bike or elliptical, Walking, Swimming, Integrated Qi Gong

Knees: Stationary bike or elliptical, Walking, Swimming, Integrated Qi Gong

Elbow, wrist, ankle: Integrated Qi Gong

It is HIGHLY RECOMMENDED not to perform any extreme sports, heavy lifting, or weight bearing activity for at least 3 weeks or as instructed by Dr. Davison.

6. The most effective regenerative exercises to promote the healing of your tendons, ligaments, and cartilage can be practiced with Dr. Davison's Integrated Qi Gong Movement System. DVDs are available in the office and on the shop page of our website.